

# Event Program

## 16<sup>th</sup> Annual NP Education Conference

NPAA



Nurse Practitioner  
Association of Alberta

# 16th Annual NPAA Conference Schedule

Sutton Place Hotel

## A Clear Vision for a Strong Future

### Day One: Saturday, April 4, 2020

0800-0830	Registration, Breakfast & Exhibit Viewing		
0830-0850	<b>Alberta Government Welcome</b> - Ballroom Alberta's Municipal Affairs Minister Kaycee Madu		
0850-0910	<b>The Importance of Grassroots Advocacy</b> - Ballroom Pascal Ryffel Director of Government Relations with Alberta Council		
0910-1000	<b>Telemedicine</b> - Ballroom Canadian Nurses Protective Society Madelaine Hall BA J.D.		
1000-1030	Nutrition Break, Poster & Exhibit Viewing		
1030-1120	Breakout Sessions	<b>Basic Suture Skills Part 1- Northcote</b> Jared Friesen MN NP FAA Jeremy Wiens MN NP	<b>The Clot Thickens: The Current State of Evidence with Regards to Thromboembolic Prevention in Frail Elderly Patients with Atrial Fibrillation</b> Dr. Mohammed El Hussein RN, PhD, NP Karen Parker MN NP
		<b>Frailty in the Elderly</b> Dr. Marjan Abbasi MD CCFP (COE) Dr. Shenk Khera MD CCFP	<b>Pelvic Floor Dysfunction - Practice Points Learned in a Specialized Multidisciplinary Clinic</b> Julia-lin Ding MN NP
1125-1215	Breakout Sessions	<b>Basic Suture Skills Part 2-Northcote</b> Jared Friesen MN NP FAA Jeremy Wiens MN NP	<b>Brain Tumors: Beyond the Image</b> Judy Sherman MN NP
		<b>An Integrated Approach to Depression and Anxiety in Late Life</b> Dr. William Chimich Geriatric Psychiatrist	<b>PEER Presents: "OATs Aren't Just for Breakfast:" Treating Opioid Use Disorder in Primary Care.</b> Betsy Thomas BSc Pharm Danielle Perry BScN RN MSC Candidate
1215-1315	Lunch - Ballroom		
1230-1310	<b>Alberta Vision 2020: Collaborative Ocular Care</b> - Rowand Sponsored by The Alberta Association of Optometrists Dr. Robert Klopfer OD		
1315-1415	<b>Safe Prescribing of Opioids by Nurse Practitioners in the Midst of the Opioid Crisis</b> - Ballroom Krista Aktug MN NP, Kari Blessing MN NP & Ruth Hanis MN NP		
1415-1445	Nutrition Break, Poster & Exhibit Viewing		
1445-1535	Breakout Sessions	<b>Spontaneous Coronary Artery Dissection: Comparison of Guidelines</b> Dr. Mohammed El Hussein RN, PhD, NP Karen Parker MN NP	<b>Arterial Blood Gas Analysis-Complex yet Simple!</b> Kim Scherr MN NP
		<b>Multiple Sclerosis: Medication Update and Symptom Management</b> Margaret Prociuk MN NP	<b>Working Together to Effectively Prevent and Manage Chronic Pain in Alberta and Canada</b> Kathy Reid RN MN NP CNS
1545-1715	NPAA Annual General Meeting		
1720-1750	<b>The 2019 GINA Guidelines Introduced the Most Significant Change in Asthma Management in Thirty Years</b> -Ballroom Sponsored by AstraZeneca. Speaker TBA		
1750-2000	Wine and Cheese - Ballroom		

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### Day Two: Sunday, April 5, 2020

0800-0845	Breakfast & Exhibit Viewing		
0800-0840	Adult Pneumococcal Update: Disease & Immunization Practices Breakfast Sponsorship Speaker TBA		
0845-0945	Congestive Heart Failure: A True Tale of Collaboration - Ballroom Sarah Kosowan MN NP		
0945-1015	Nutrition Break, Poster & Exhibit Viewing		
1015-1105	Breakout Sessions	<b>Live Through This! 2.0: The ICU Patient Experience</b> Krista Dewart MN NP	<b>Wound Management: To Treat or Not To Treat... Practice Perils and Acronyms</b> Melissa Crozier MN NP GNC(C) CHPCN(C) IIWCC
		<b>Too Much of A Good Thing? Deprescribing Is The Answer</b> Cheryl Sadowski BSc (Pharm), Pharm D, FCSHP, BCGP	<b>The Basics: Ultrasound Abdomen Interpretation</b> Dr Chris Fung MD, FRCPC, DABR
1110-1200	Breakout Sessions	<b>Pass the Salt: A Discussion of Hyper/Hyponatremia</b> Sandra Van Hecke MN NP	<b>Review of Orthopedics in the Urgent Care Setting</b> Jared Friesen MN NP FAA
		<b>Managing Difficult End of Life Symptoms</b> Lorelei Sawchuk MN RN CHPCN(C)	<b>Finding Our Roots: The Impact of Trauma on Wellbeing and the Journey to Happiness</b> Janine Groeneveld M.C. Registered Psychologist
1200-1300	Lunch - Ballroom		
1215-1255	Multiple Approaches to Managing the Overactive Bladder Sponsored by Astellas Pharma Canada Julia-lin Ding MN NP		
1300-1320	Short Snappers	<b>The Effect of NP-Led Care on Health Related Quality of Life of Adult Patients with Atrial Fibrillation: An Interim Analysis - Ballroom</b> Dr. Marcie Smigorowsky RN, PhD, NP, CCN(C)	
1320-1340		<b>Coronary Care Unit (CCU) NP Lead Model One Year Update - Ballroom</b> Nancy Clark MN NP	
1340-1400		<b>Emergency Department and Intravenous Therapy NP Model - Ballroom</b> Daris Klemmer MN NP	
1400-1415	Nutrition Break, Poster & Exhibit Viewing		
1415-1505	Breakout Sessions	<b>Vaping Related Lung Injury: New Killer on the Block</b> Lesley Lapierre MN NP	<b>Medical Assistance in Dying: Where We Are, Come From, and the Road Ahead</b> Peter Godor MN NP
		<b>Palliative Care in Heart Failure</b> Dr. Bibiana Cujec MD, FRCPC Dr. Noush Mirhosseini MD, CCFP(PC), CPoCUS(IP)	<b>From Black and White to Yellow, Cloudy and/or Bloody - A Diagnostic Approach to Pleural Effusions</b> Teresa Ruston MN NP
1510-1520	NPAA President Closing Address - Ballroom		

## A Clear Vision for a Strong Future

Saturday April 4th, 2020

**0800 Registration, Exhibitors, Posters, & Morning Nutrition**

**0830 Conference Opening: Alberta Municipal Affairs Minister Kaycee Madu**

*“Alberta Government Welcome”*

**0850 Keynote Session: Pascal Ryffel Director of Government Relations with Alberta Council**

*“The Importance of Grassroots Advocacy ”*

**0910 Keynote Session: Madelaine Hall BA J.D. with CNPS**

*“Telemedicine ”*

**1000 Networking Break, Exhibitors and Posters**

**1030 Breakout Sessions (choice of 4)**

**#1- Dr. Mohammed El Hussein RN, PhD, NP and Karen Parker MN NP** *“The Clot Thickens: The Current State of Evidence with Regards to Thromboembolic Prevention in Frail Elderly Patients with Atrial Fibrillation”*

**#2-Jared Friesen MN NP FAA and Jeremy Wiens MN NP** *“ Basic Suture Skills Part 1”*

**#3-Dr. Marjan Abbasi MD CCFP (COE) and Dr. Shenay Khera MD CCFP** *“Frailty in the Elderly”*

**#4- Julia-lin Ding MN NP** *“Pelvic Floor Dysfunction - Practice Points Learned in a Specialized Multidisciplinary Clinic”*

**1125 Breakout Sessions (choice of 4)**

**#1-Judy Sherman MN NP** *“Brain Tumors: Beyond the Image”*

**#2- Jared Friesen MN NP FAA and Jeremy Wiens MN NP** *“ Basic Suture Skills Part 2”*

**#3- Dr. William Chimich Geriatric Psychiatrist** *“An Integrated Approach to Depression and Anxiety in Late Life”*

## A Clear Vision for a Strong Future

**#4- Betsy Thomas BSc Pharm and Danielle Perry BScN RN MSC Candidate** *“OATs Aren’t Just for Breakfast:” Treating Opioid Use Disorder in Primary Care ”*

### **1215 Lunch Break, Exhibitors and Posters**

**1230 Sponsored Lunch by The Alberta Association of Optometrists: Dr. Robert Kloepfer OD**

*“Alberta Vision 2020: Collaborative Ocular Care”*

**1315 Keynote: Krista Aktug MN NP, Kari Blessing MN NP and Ruth Hanis MN NP**

*“Safe Prescribing of Opioids by Nurse Practitioners in the Midst of the Opioid Crisis”*

### **1415 Networking Break, Exhibitors and Posters**

### **1445 Breakout Sessions (choice of 4)**

**#1- Dr. Mohammed El Hussein RN, PhD, NP and Karen Parker MN NP** *“Spontaneous Coronary Artery Dissection: Comparison of Guidelines”*

**#2-Kim Scherr MN NP** *“Arterial Blood Gas Analysis-Complex yet Simple!”*

**#3- Margaret Prociuk MN NP** *“Multiple Sclerosis: Medication Update and Symptom Management ”*

**#4- Kathy Reid RN MN NP CNS** *“Working Together to Effectively Prevent and Manage Chronic Pain in Alberta and Canada”*

### **1545 Annual General Meeting NPAA**

### **1720 Sponsored by AstraZeneca: Speaker TBA**

*“The 2019 GINA Guidelines Introduced the Most Significant Change in Asthma Management in Thirty Years”*

### **1750 Wine and Cheese**

## A Clear Vision for a Strong Future

Sunday April 5, 2020

**0800 Exhibitors and Vendors, & Morning Nutrition**

**0800 Sponsored Breakfast Speaker: Speaker TBA**

*“Adult Pneumococcal Update: Disease & Immunization Practices”*

**0845 Keynote Session: Sarah Kosowan MN NP**

*“Congestive Heart Failure: A True Tale of Collaboration”*

**0945 Networking Break, Exhibitors and Vendors**

**1015 Breakout Sessions (choice of 4)**

**#1- Krista Dewart MN NP** *“Live Through This! 2.0: The ICU Patient Experience”*

**#2- Melissa Crozier MN NP GNC(C) CHPCN(C) IIWCC** *“Wound Management: To Treat or Not To Treat... Practice Perils and Acronyms”*

**#3- Cheryl Sadowski BSc (Pharm), Pharm D, FCSHP, BCGP** *“Too Much of A Good Thing? Deprescribing Is The Answer”*

**#4- Dr Chris Fung MD, FRCPC, DABR** *“The Basics: Ultrasound Abdomen Interpretation”*

**1110 Breakout Sessions (choice of 4)**

**#1- Sandra VanHeck MN NP** *“Pass the Salt: A Discussion of Hyper/Hyponatremia”*

**#2- Jared Friesen MN NP FAA** *“Review of Orthopedics in the Urgent Care Setting”*

**#3- Lorelei Sawchuk MN RN CHPCN(C)** *“Managing Difficult End of Life Symptoms”*

**#4- Janine Groeneveld M.C. Registered Psychologist** *“Finding Our Roots: The Impact of Trauma on Wellbeing and the Journey to Happiness”*

**1200 Lunch, Networking Break, Exhibitors and Posters**

## A Clear Vision for a Strong Future

**1215 Sponsored Lunch by Astellas Pharma Canada: Julia-lin Ding MN NP**

*“Multiple Approaches to Managing the Overactive Bladder”*

**1300 Short Snapper Session - Dr. Marcie Smigorowsky RN, PhD, NP, CCN(C)**

*“The Effect of NP-Led Care on Health Related Quality of Life of Adult Patients with Atrial Fibrillation: An Interim Analysis”*

**1320 Short Snapper Session- Nancy Clark NP**

*“Coronary Care Unit (CCU) NP Led Model Update”*

**1340 Short Snapper Session- Daris Klemmer MN NP**

*“Emergency Department and Intravenous Therapy NP Mode”*

**1400 Networking Break, Exhibitors and Posters**

**1415 Breakout Sessions (choice of 4)**

**#1- Lesley Lapierre MN NP** *“Vaping Related Lung Injury: New Killer on the Block”*

**#2- Peter Godor MN NP** *“Medical Assistance in Dying: Where We Are, Come From, and the Road Ahead”*

**#3- Dr. Bibiana Cujec MD, FRCPC and Dr. Noush Mirhosseini MD, CCFP(PC), CPoCUS(IP)**  
*“Palliative Care in Heart Failure”*

**#4- Teresa Ruston MN NP** *“From Black and White to Yellow, Cloudy and/or Bloody - A Diagnostic Approach to Pleural Effusions”*

**1510 NPAA President Closing Address: Mary-Elizabeth Cooper MN NP NPAA President**