

**Date & Time:**

**Thursday February 24<sup>th</sup>, 2022**  
**7PM**

**Location:**

**Zoom**

**For issues  
registering,  
please contact:**

**Jennifer @ 403-992-3942**  
[jennifer.phaneuf@otsuka-ca.com](mailto:jennifer.phaneuf@otsuka-ca.com)

**Link to Join:****Registration Link:**

<https://us06web.zoom.us/meeting/register/tZEqdOyprj8oHNR-GPxG6RIgPb-UQeiF-fU8>

**Event Agenda:**

6:50PM Sign in  
7:00PM Presentation  
8:00PM Close

## ***Nurse Practitioners of Alberta..***

***You are cordially invited to attend the following presentation:***

### **“Assessing and Managing Mood Disorders Efficiently for the Nurse Practitioner”**

*Presented by:*

#### **Dr. Atul Khullar MD, MSc, FRCPC, DABPN (Cert. Sleep Medicine), FAASM**

Diplomate, American Board of Obesity Medicine  
Medical Director, Northern Alberta Sleep Clinic  
Associate Clinical Professor, University of AB  
Senior Consultant, Medsleep, Sleep/Mood/Anxiety  
Clinic, Grey Nuns Hospital



#### ***Program Objectives:***

- Understand quick high yield strategies for early intervention in mood disorders patients in the post COVID era
- Looking at newer more efficient treatment paradigms that require less intervention and monitoring
- Creating a treatment paradigm for patients that focuses on compliance, key symptoms and function



#### **Dr. Atul Khullar**

Dr. Atul Khullar is a psychiatrist who specializes in the combined management of sleep, mood, anxiety and attention deficit disorders, as well as their interactions with metabolic syndrome and sleep apnea.

He completed his medical school and residency at the University of Alberta, a sleep and mood disorders fellowship at the University of Toronto, and additional sleep medicine training at the University of Pennsylvania.

Dr. Khullar is board certified in Psychiatry and Sleep Medicine in both Canada and the United States. He is also a fellow of the American Academy of Sleep Medicine and a clinical associate professor at the University of Alberta. Actively involved in research, Dr. Khullar has given more than 500 invited presentations to public and professional audiences worldwide.

He sits and has chaired a number of national advisory boards in the areas of depression, bipolar disorder sleep and attention deficit disorders. He has also been heavily involved in national guideline development of the treatment of sleep disorders

***Thank you very much for your consideration and we look forward to welcoming you to this event.***

