



Join us in a unique, interactive program designed to guide your treatment of patients with binge eating disorder (BED).

Although the most prevalent recognized eating disorder, BED remains underdiagnosed. It is also often associated with other psychiatric and physiological comorbidities, with up to 79% of patients with BED meeting the criteria for other psychiatric disorders. The BED and Me program is built on clinical scenarios that reflect typical patients you might encounter in your practice, with practical advice on how to approach management decisions. Clinical choices, supported by data, demonstrate how decisions made impact patients' lives.

PROGRAM LEARNING OBJECTIVES

At the conclusion of this program, learners will be able to:

- Recognize the signs of binge eating disorder (BED) and initiate a conversation about BED with patients
- Explain the neurobiology of BED to patients
- Discuss appropriate pharmacologic and nonpharmacologic treatments for BED
- Identify how to adjust ongoing treatment as the patient's disease evolves

CASE: Understanding the pathways to diagnosis and treatment for patients with BED and endocrine disorders.

DATE & TIME:

SPEAKER:

LOCATION:

VIRTUAL: Please use LINK/QR code below

PROGRAM FORMAT

- Small group 1-hour
- Watercolour illustrations will personalize and individualize the patient stories
- Patients' experiences, thoughts, and feelings will be shared via audio recordings

THE OBJECTIVES

At the conclusion of this module, learners will be able to:

- Describe the diagnostic criteria for BED that differentiate BED from other eating disorders
- Define the psychological and physiological risk factors that may contribute to BED
- Distinguish which patients to screen for BED using practical diagnostic screening tools
- Propose realistic management strategies for patients with BED, implementing appropriate psychological and pharmacological treatments

To attend virtually, please register at the following link:

REGISTER HERE:

In-Person RSVP contact REP:

