

# ALBERTA VIRTUAL CHRONIC PAIN PROGRAM (AVCPP) - WEBINAR FOR HEALTH CARE PROVIDERS -

**CHRONIC PAIN IS PHYSIOLOGICALLY  
DIFFERENT FROM ACUTE PAIN**

Learning & understanding this is called  
Pain Science Education (PSE).

**PSE is an effective treatment for Chronic Pain.**

Join us for a free, two-hour virtual presentation. Healthcare providers will learn more about up to date evidence in the treatment of chronic pain in adults.

Key messaging and actionable take-aways will be provided in the areas of:

- chronic pain science,
- biopsychosocial treatment approaches,
- purposeful and empathetic communication,
- patient values as a guide to treatment,
- the role of the nervous system in alleviating chronic pain,
- and hope as a verb.

Healthcare providers will also be given information about the novel Alberta Virtual Chronic Pain Program, including what we teach patients, and which patients may be appropriate for referral.

*Medications will not be discussed in this webinar.*

**REGISTER FOR A WEBINAR, 9AM-11AM**

[Nov 22, 2024 Webinar](#)

[Dec 3, 2024 Webinar](#)



**AVCPP**

**Health Care Provider  
Webinars 2024**



REFER A PATIENT VIA CONNECT CARE OR

[Alberta Referral Directory - Alberta Virtual Chronic Pain Program](#)

PATIENT SELF-REFERRAL PHONE #: 1-877-719-7707

# ALBERTA VIRTUAL CHRONIC PAIN PROGRAM (AVCPP) - KEY MESSAGES FOR HEALTH CARE PROVIDERS -

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**EMPATHY**

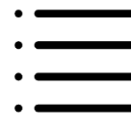
**VALIDATION**

We can communicate in ways to  
reduce patient distress;  
this develops effective conversations.



Value-driven decision making  
helps with change.

**MENU**



The biopsychosocial model provides a  
variety of options for treatment.  
Medications will *not* be discussed.



Nurturing one's nervous system  
treats Chronic Pain.

*hope*

Instilling and practicing hope empowers.

**AVCPP  
-HCP Education -  
INFOGRAPHIC 2024**



**Alberta Health  
Services**

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