CUMMING SCHOOL OF MEDICINE Office of Continuing Medical Education and Professional Development



6TH ACH PAEDIATRIC UPDATE CONFERENCE

Developed and hosted by the Department of Paediatrics

Thursday & Friday, May 9-10, 2019

Alberta Children's Hospital, Kinsmen Learning Centre, 4th Floor, 28 Oki Drive NW, Calgary, AB

REGISTER ONLINE cumming.ucalgary.ca/cme

PAPERLESS CONFERENCE Access to handouts will be available prior to conference

ON-SITE REGISTRATION

Based on availability, is not guaranteed and a surcharge may be applied

Check the website for any program updates cumming.ucalgary.ca/cme/courses

ACCOMMODATION

Registrants must make their own accommodation arrangements.
Hotel(s) close to the University/course venue include:

Hotel Alma 169 University Gate NW Calgary, AB T2N 1N4 Phone 403.220.2588 Toll Free 1.877.498.3203 Email stay@hotelalma.ca hotelalma.ca

To obtain a University rate, please indicate the promotion code UOFC and show your CME&PD course confirmation/receipt upon arrival.

COURSE OVERVIEW

This conference will update knowledge in selected areas of paediatric care relevant to physicians and other health professionals who look after children in community and hospital settings. Various topics will be reviewed to support advancements in the care of infants, children and adolescents.

COURSE OBJECTIVES

At the end of this course, learners will be equipped to:

- improve management of paediatric patients and optimize referrals to tertiary care
- collaborate with conference faculty, colleagues and other health professionals to discuss aspects of paediatric care
- debate and interact with the panel Why Should Complementary Therapies
 Matter to Conventional Medicine? What Your Patients Do When You're Not There ...
- use plenary information and breakout sessions' on-line materials to support improvements in their clinical practice

WHO SHOULD ATTEND

Paediatricians, Family Physicians, Residents and Trainees, Nurse Practitioners, Registered Nurses, Licensed Practical Nurses, Pharmacists, Physiotherapists, Occupational Therapists, Social Workers, Psychologists, Audiologists, Speech Language Pathologists, Child Life Specialists

CREDITS

Mainpro+ Group Learning - 12.5 credits MOC Section 1 - 12.5 hours

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Thursday, N	May 9		4 Paediatric Sleep Disorders - Valerie Kirk
0730-0800	Registration and Light Breakfast		appraise their approach and management to
0800-0805	Opening Remarks - Julian Midgley		common developmental sleep problems in childrensummarize and debate the approach to a child
0805-0835	PLENARY 1 The Opioid Epidemic and Our Response to It - Kerryn Carter • describe the state of the opioid crisis in 2019 • recognize some of the work in progress so far to address the issue • summarize some important future directions • identify changes you can consider for your practice		 with Obstructive Sleep Apnea contrast the merits and concerns related to using melatonin in children recognize when referral to the Paediatric Sleep Service is most appropriate Approach to Persistent Microscopic Hematuria and/or Proteinuria – What to Do? Andrew Wade
			learning objectives TBD
0835-0915	KEYNOTE 1 Helping Children Whose Parents Are "Entitled Demanders"	0955-1015	NUTRITION BREAK AND NETWORKING
	Ian Mitchelldescribe the range of parental responses to	1015-1050	Breakouts 1-5 (repeat from 0920-0955)
	physician advice	1050-1055	Move to Breakouts
	 develop ways to behave when with "entitled" parents 	1055-1130	Breakouts 6-9 (repeat at 1135-1210)
0915-0920	Move to Breakouts		6 Asthma – An Evolution of the Diagnosis in the 21st Century, Let's Talk the Same Talk
0920-0955	Breakouts 1-5 (repeat at 1015-1050)		- Mary Noseworthy
	 The Recognition and Treatment of Eating Disorders: Who to Refer? Katie Soper recognize and screen for eating disorders establish methods to engage families in outpatient eating disorder management 		 recognize asthma and its main comorbidities in the 21st century establish measures to characterize asthma control guide identification and treatment devise aids to set up families for success Genetic Evaluation - How Does This Contribute to Paediatric Healthcare?
	2 Complex Pain in AdolescentsNivez Rasic		- Billie (Ping-Yee) Au

- · describe the epidemiology and pathophysiology of chronic pain in children and adolescents
- · discuss treatment models and specific therapeutic modalities
- explain the treatment options/streams and referral process for the Vi Riddell Pain Program
- 3 Looking for Zebras: Common and **Uncommon Skin Conditions**
 - Michele Ramien
 - recognize common skin conditions that have an uncommon but significant differential diagnosis
 - · identify defining characteristics to distinguish uncommon from common diagnoses

In the context of a suspected paediatric neurodevelopmental disorder, participants will learn to:

- identify when genetic testing in the paediatric population is helpful and when it is not appropriate
- recognize when additional genetic evaluation warranting genetics referral is required
- describe ways in which a genetic diagnosis may impact care for the patient and the family

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

	 8 Fad Diets for Children Tanis Fenton describe current popular fad diets explain the possible harms of these diets for children 9 Quick Snappers in Paediatric Gynecology: Incidental Cysts and Ovarian Torsion Philippa Brain learning objectives TBD 		 Long Term Neurodevelopmental Outcomes for Children with a History of Neonatal Hypoxic Ischemic Encephalopathy Amina Benlamri, Elsa Fiedrich define neonatal Hypoxic Ischemic Encephalopathy (HIE) and criteria for therapeutic hypothermia identify available resources that can assist with acute management of neonatal HIE describe local and international neurodevelopmental outcomes of neonatal HIE summarize the ACH Neonatal Follow-up Clinic 								
1130-1135 1135-1210	Move to Breakouts Breakouts 6-9 (repeat from 1055-1130)		criteria for infants with a history of HIE explain the importance of long term								
1210-1310	LIGHT LUNCH		neurodevelopmental surveillance for all infants with a history of neonatal HIE 13 Are Probiotics Useful?								
1310-1340	PLENARY 2 Transgender Health - Daniele Pacaud • define the development of gender identity from childhood to adulthood • define gender dysphoria • identify the process used in most clinics to support a decision for medical/surgical management of gender dysphoria • summarize the benefits and potential risks of hormonal management for gender dysphoria	1420-1425 1425-1500 1500-1520	 Timothy Kraft interpret current evidence for probiotics use in children for colic, recurrent abdominal pain, gastroenteritis and antibiotic associated diarrhea describe practical tips for prescribing probiotics in children Move to Breakouts Breakouts 10-13 (repeat from 1345-1420) NUTRITION BREAK AND NETWORKING 								
1340-1345	Move to Breakouts	1520-1550	PLENARY 3								
1345-1420	Breakouts 10-13 (repeat at 1425-1500) 10 Mild Neutropenia – What to Do? – MacGregor Steele • identify common causes of neutropenia in		 Canada Food Guide Changes - Good for Children? Tanis Fenton describe the process Health Canada undertook to develop the new Canada Food Guide summarize the advantages and disadvantages of 								
	 children develop an approach to neutropenia in the ambulatory setting describe "red flags" in neutropenic children that warrant referral to Paediatric Hematology 	1550-1620	using the new Canada Food Guide for children PLENARY 4 ADHD - What Is New? - Kara Murias								
	 Subclinical Hypothyroidism - A Real Disease or Just a Lab Phenomenon? Harpreet Gill diagnose subclinical hypothyroidism counsel families regarding the natural history of this condition recognize when initiation of levothyroxine is indicated 	1620-1630 1630	 create an assessment and diagnostic plan based on current criteria for ADHD formulate treatment recommendations for ADHD and assessment of effect based on current recommendations explain the current referral options and inclusion criteria for ADHD management in Calgary Closing Remarks Julian Midgley Adjournment 								

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

Friday, May 10 1015-1050 **Breakouts 14-17** (repeat at 1055-1130)

0730-0800 Registration and Light Breakfast

0800-0805 Opening Remarks
- Julian Midgley

0805-0845 **KEYNOTE 2**

Getting Comfortable with Discomfort: Nonpharmacologic Options for Distressing Symptoms in Children

- Hsing Jou
- indicate safe and effective nonpharmacologic options for managing distressing symptoms in children, with emphasis on pain
- summarize the experience of the Pediatric Integrative Medicine Trial at Stollery Children's Hospital
- formulate and implement a nonpharmacologic toolkit with patients and families

0845-0915 PLENARY 5

Pertussis Immunization in Pregnancy

- Otto G Vanderkooi
- · learning objectives TBD

0915-0955 PLENARY 6

Expanded Newborn Screening in Alberta

- Rebecca Sparkes, Nicola Wright
- identify the addition of tyrosinemia type 1 (TYR1), galactosemia type 1 (GALT), sickle cell disease (SCD) and severe combined immune deficiency (SCID) to new born blood spot screening in Alberta
- · explain TYR1, GALT, SCD and SCID
- manage a positive screen for TYR1, GALT, SCD and SCID
- manage a newborn with sickle cell trait diagnosed from newborn screening, including describing long term health implications and family genetic counseling

0955-1015 NUTRITION BREAK AND NETWORKING

14 Childhood Cancer Survivors and Late

- Kathleen Anne Reynolds
- summarize the demographics of childhood cancer and survival rates
- define the role of the Long Term Survivor Clinic at the Alberta Children's Hospital: who we are?, who we see? and what we do?

Effects of Treatment: How Are They Doing?

- describe how to access childhood cancer survivorship screening guidelines
- identify the common and severe late effects of childhood cancer treatment
- recognize possible late effects of childhood cancer treatment in clinical vignettes
- 15 Nailed It: The Recipe for an Effective Acute Migraine Plan in Children and Adolescents
 - Serena Laura Orr
 - recognize the importance of an effective acute intervention plan for all children and adolescents with migraine
 - complete an evidence-based acute intervention plan for children and adolescents with migraine
- 16 Sports Injury When and Where to Refer
 - Lisa Phillips
 - recognize the most common sports injuries in youth and the epidemiology in Canada specifically
 - contrast this with common overuse injuries in youth
 - establish who the most appropriate care providers are for these two groups of patients and how to refer to these providers
 - recognize the 4 most common surgical sportsrelated injuries and what to do with these patients after referral to a surgeon
- 17 Complementary and Alternative MedicineUse in Autism Spectrum Disorders:Practice Points for the Clinician
 - Ben Gibbard
 - define complementary and alternative medicine (CAM) and its relationship to conventional medicine
 - summarize patterns of use of CAM in children with autism spectrum disorders (ASD)
 - · interpret evidence for CAM use in ASD
 - discuss approaches to counseling families regarding CAM use for children with neurodevelopmental disorders

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

1050-1055	Move to Breakouts	1345-1350	Move to Amphitheatre
1055-1130	Breakouts 14-17 (repeat from 1015-1050)	1350-1420	PLENARY 7 Choosing Wisely Before Paediatric Surgery
1130-1230	LIGHT LUNCH		- Natalie Yanchar
1230-1305	Breakouts 18-21 (18-20 repeat at 1310-1345; Breakout 21, 1 hour 10 minutes; MUST attend full session) 18 What to Do About Radiological Incidentalomas? - Sanjay Sethi		 identify indications for referral versus imaging in cases of hernias and undescended testicles in children, according to Choosing Wisely Canada identify optimal laboratory and imaging studies in cases of suspected appendicitis in children, according to Choosing Wisely Canada
	 recognize the incidence and prevalence of incidental findings in various imaging 	1420-1440	NUTRITION BREAK AND NETWORKING
	modalitiesdescribe further management of these incidentally detected imaging findings	1440-1520	KEYNOTE 3 Complementary Medicine: What Does the Evidence Show?
	 Jaw Infections, Jaw Trauma, TMJ Issues Miller Smith describe how to diagnose, properly work up and triage dental and jaw infections summarize how to diagnose and help initial management of paediatric TMJ issues explain how to manage jaw dislocations without sedation recognize how to diagnose and triage paediatric maxillofacial trauma 		 Sunita Vohra describe the epidemiology of paediatric complementary therapy use summarize an approach to evaluating evidence regarding the effectiveness and safety of complementary therapies develop a framework to discuss complementary therapies with patients/families identify reliable resources with evidence-based information about complementary therapies
	20 How to Manage Joint Pains in ChildrenNicole Johnsonlearning objectives TBD	1520-1625	PANEL Why Should Complementary Therapies Matter to Conventional Medicine? What Your Patients
	 21 HANDS ON SESSION Tips and Tricks for Eye Examinations (1HR 10MIN • 1230-1345) - Stephanie Anne Dotchin, Lisa Lagrou • summarize how to effectively screen visual acuity in children • describe visual screening tests, vision screening devices • recognize components of ocular examination, including pupil assessment and ocular alignment • use ophthalmoscope, tonopen, hand-held slit lamp 	1625-1630	Do When You're Not There MODERATOR: Julian Midgley - Ben Gibbard, Hsing Jou, Ian Mitchell, Doug Strother, Sunita Vohra • describe the differing perspectives of complementary therapies in conventional medicine • contrast the viewpoints of multiple specialties and practitioners • consider the role of complementary therapies in your practice Closing Remarks
1305-1310	Move to Breakouts		- Julian Midgley
1310-1345	Breakouts 18-21 (18-20 repeat from 1230-1305;	1630	Adjournment

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

Breakout 21 continues, MUST attend full session)

PLANNING COMMITTEE

Julian Midgley BM BCh MRCP(UK) Course Chair

Associate Professor, Department of Paediatrics, University of Calgary; Paediatric Nephrologist, Alberta Children's Hospital

Ronald Anderson MD CM FRCPC

Associate Professor, Departments of Oncology and Paediatrics, University of Calgary; Paediatric Oncologist and Deputy Head, Education Department of Paediatrics, Alberta Children's Hospital

Christopher Andrews BSc(H) MD FRCP(C)

Clinical Assistant Professor, Paediatrics, Cumming School of Medicine, University of Calgary; Section of Hospital Paediatrics, Department of Paediatrics, Clinical Informatics Physician, Alberta Children's Hospital

Sanjeev Bhatla MD CM CCFP FCFP

Clinical Associate Professor, Department of Family Medicine Residency Program, University of Calgary; Education Site Lead, Bowmont Medical Clinic

Deonne Dersch-Mills BScPharm ACPR PharmD Pharmacy Clinical Practice Leader, Paediatrics and Neonatology, Provincial Pharmacy Research Co-ordinator, Alberta Children's Hospital Leah Foster MN NP

Paediatric Nurse Practitioner, NeuroCritical Care,

Alberta Children's Hospital

Simone Kortbeek MD PG-4

General Paediatric Resident, University of Calgary

Melanie Morgan MD CCFP FCFP

Clinical Assistant Professor, University of Calgary;

Family Medicine Practitioner

Patricia (Patty) O'Krafka OT PhD MSc Discipline Lead, Occupational Therapy,

Alberta Children's Hospital

Cristina Ana Stoian MD MSc FRCP FAAP

Clinical Assistant Professor, University of Calgary;

Hospital Paediatrician, Alberta Children's Hospital

FACULTY

Billie (Ping-Yee) Au MD FRCPC

Clinical Assistant Professor, University of Calgary; Clinical Geneticist, Alberta Children's Hospital

Amina Benlamri MD FRCPC

Staff Neonatologist, Foothills Medical Centre

Philippa Brain MD FRCSC

Clinical Associate Professor, University of Calgary;

Alberta Children's Hospital

Kerryn Carter MB ChB FANZCA

Clinical Assistant Professor, University of Calgary;

Section Chief, Paediatric Anesthesia, Alberta Children's Hospital

Stephanie Anne Dotchin MD FRCSC

Clinical Assistant Professor, University of Calgary

Tanis Fenton RD PhD

Adjunct Associate Professor, Cumming School of Medicine, University of Calgary; Nutrition Research Lead, Nutrition Services,

Alberta Health Services

Elsa Fiedrich MD FRCPC

Clinical Lecturer, University of Calgary; Paediatrician / Neonatologist, South Health Campus NICU ACH Neonatal Follow-up Clinic

William Benton (Ben) Gibbard MD MSc FRCPC

Associate Professor, Department of Paediatrics, University of Calgary; Developmental Paediatrician, Alberta Children's Hospital; Alberta Health Services

Harpreet Gill MD FRCPC

Clinical Lecturer, University of Calgary; Paediatric Endocrinologist,

Alberta Children's Hospital; Alberta Health Services

Nicole Johnson MD FRCPC

Clinical Associate Professor, Department of Paediatrics,

Rheumatology, University of Calgary; Paediatric Rheumatology,

Alberta Children's Hospital

Hsing Jou MD FRCPC

Associate Professor / Research, Department of Paediatrics,

Division of Paediatric Emergency Medicine, University of Alberta

Valerie Kirk MD FRCPC

Associate Professor, Faculty of Medicine, Department of Paediatrics, University of Calgary; Respirologist and Sleep

Specialist, Alberta Children's Hospital

Timothy Kraft BSP

Paediatric Critical Care Pharmacist, Alberta Health Services

Lisa Lagrou MD FRCSC

Clinical Lecturer, University of Calgary

Ian Mitchell MB ChB FRCPC MA

Clinical Professor, Professor Emeritus of Paediatrics, University of Calgary; Paediatric Respirologist, Alberta Children's Hospital

Kara Murias MD PhD FRCPC

Assistant Professor, University of Calgary; Paediatric Neurologist,

Developmental Paediatrics, Alberta Children's Hospital;

Hotchkiss Brain Institute

FACULTY

Mary Noseworthy BSc (H) MD FRCPC

Clinical Assistant Professor, Department of Paediatrics, Section of Paediatric Respirology, University of Calgary; Clinical Director, Paediatric Asthma Program and Clinical Director, Home Oxygen Clinic, Alberta Children's Hospital; Co-Lead Community Paediatric Asthma Service, Alberta Health Services

Serena Laura Orr MD FRCPC

Clinical Assistant Professor, University of Calgary; Paediatric Neurologist and Director, Paediatric Headache Program, Alberta Children's Hospital

Daniele Pacaud MD FRCPC

Professor, University of Calgary; Paediatric Endocrinologist, Alberta Children's Hospital

Lisa Phillips MD FRCSC

Clinical Lecturer, University of Calgary; Paediatric Orthopedic Surgeon, Sports Medicine Specialist, Alberta Children's Hospital

Michele Ramien MD FRCPC DABD

Clinical Associate Professor, University of Calgary; Academic Dermatologist; Alberta Children's Hospital

Nivez Rasic BSc MD FRCPC

Clinical Assistant Professor, University of Calgary; Paediatric Anesthesia and Pain Medicine, Medical Lead, Vi Riddell Pain & Rehabilitation Program, Alberta Children's Hospital

Kathleen Anne Reynolds MD CCFP PhD

Clinical Lecturer, University of Calgary; Paediatric Oncology Program, Alberta Children's Hospital; Medical Lead, Long Term Survivor's Clinic

Sanjay Sethi MD

Clinical Fellow, Diagnostic Imaging, Alberta Children's Hospital

Miller Smith DDS MD FRCD(C) FACS FRCS(Edin)

Clinical Assistant Professor, University of Calgary; Director of Oral & Maxillofacial Surgery of the General Practice Residency Program, Foothills Medical Centre Dental Clinic; South Calgary Oral & Maxillofacial Surgery; Site Lead, Paediatric Oral & Maxillofacial Surgery, Alberta Children's Hospital

Katie Soper MD FRCPC

Clinical Lecturer, University of Calgary; Locum, Department of Paediatrics, Section of Paediatric Endocrinology, Alberta Children's Hospital Rebecca Sparkes MD FRCPC FCCMG

Clinical Associate Professor, University of Calgary; Medical Geneticist, Alberta Children's Hospital; Alberta Health Services

MacGregor Steele MD FRCPC

Clinical Associate Professor, University of Calgary; Paediatric Hematologist, Alberta Children's Hospital

Doug Strother MD DABPed

Associate Professor, Department of Paediatrics, University of Calgary

Otto G Vanderkooi MD FRCPC DTMH

Associate Professor, Departments of Paediatrics, Microbiology, Immunology and Infectious Diseases, Pathology and Laboratory Medicine, Community Health Sciences, University of Calgary; Paediatric Infectious Diseases, Medical Microbiology and Tropical Medicine, Alberta Children's Hospital Research Institute

Sunita Vohra MD MSc FRCPC FCAHS

Director, Integrative Health Institute; Director, CARE Program; Centennial Professor, Departments of Paediatrics, Medicine and Psychiatry, Faculty of Medicine & Dentistry, University of Alberta

Andrew Wade MD FRCPC

Associate Professor, University of Calgary; Paediatric Neurologist and Director of Dialysis, Alberta Children's Hospital

Nicola Wright MD FRCPC MSc

Clinical Associate Professor, University of Calgary; Paediatric Hematologist/Immunologist, Alberta Children's Hospital

Natalie Yanchar MD FRCSC

Clinical Professor, University of Calgary; Staff Paediatric Surgeon and Surgical Director, Paediatric In-patient Trauma Service, Alberta Children's Hospital; Trauma Association of Canada

DISCLOSURE OF POTENTIAL FINANCIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure will be done verbally and using a slide prior to the speaker's presentation.

ACCREDITATION

The University of Calgary - Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

STUDY CREDITS

CFPC

MAINPRO+ GROUP LEARNING

This one-credit-per-hour Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 12.5 Mainpro+ credits.

AACP

AMERICAN ACADEMY OF FAMILY PHYSICIANS (AAFP) AND CFPC

Members of the American Academy of Family Physicians are eligible to receive up to 12.5 prescribed credits for attendance at this meeting/event due to a reciprocal agreement with The College of Family Physicians of Canada.

RCPSC

This program was co-developed with the Department of Paediatrics and was planned to achieve scientific integrity, objectivity and balance.

MOC SECTION 1

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of 12.5 hours (credits are automatically calculated).

AMA-PRA CATEGORY 1 CREDIT

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. More information on the process to convert Royal College MOC credit to AMA credit at https://www.ama-assn.org/education/earn-credit-participation-international-activities.

Read more on the Royal College agreement with the American Medical Association at http://www.royalcollege.ca/rcsite/cpd/providers/international-accreditation-agreements-e.

ADDITIONAL PROGRAM INFORMATION

DRESS

Dress is business casual. Sweaters or items of clothing that can be layered are recommended since temperature in the venue may fluctuate.

MEALS

This course offers a light breakfast, nutrition break(s) and light lunch. We are sensitive to dietary requirements (for example, gluten free, peanut allergies) and do our best to offer a variety of options; however we are unable to guarantee that all dietary needs can be accommodated.

SCENT FREE

To ensure the comfort of everyone attending this event, please do not wear scented products.

CONFIRMATION OF REGISTRATION

Confirmation will be sent by email to registrants.

COURSE CANCELLATION POLICY

The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

REFUND POLICY

A registration refund will be made upon written request if made at least two weeks before the start of the program; however \$50 will be retained for administrative costs. No refunds will be available for cancellations made within two weeks of the start of the program and thereafter.

REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at 780.482,2626 or 1.800,272,9680.

FOR FURTHER INFORMATION

Office of Continuing Medical Education and Professional Development, Cumming School of Medicine, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6

ABOUT COURSE CONTENT

Dana Young, Education Consultant Phone 403.210.6226 Email dana.young@ucalgary.ca

ABOUT GENERAL PROGRAM INFORMATION

Rosanna Saavedra, Program Assistant Phone 403.210.6272 Email rosanna.saavedra@ucalgary.ca

ABOUT REGISTRATION

Phone 403.220.7032 Email cmereg@ucalgary.ca

REGISTRATION FORM Part 1

6th ACH Paediatric Update Conference May 9-10, 2019

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FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT Registration information is collected under the authority of the Freedom of Information and Protection of Privacy Act. The contact information you provide is required by our Office to register you in the course, prepare material and courses for your use, plan for future courses and notify you of similar, upcoming courses offered by our Office. Financial information is used to process applicable fees and is retained for future reference. Call 403.220.4251 if you have questions about the collection or use of this information.

EXPIRY DATE

CARD NUMBER

SIGNATURE

REGISTRATION FORM

6th ACH Paediatric Update Conference May 9-10, 2019

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BR	BREAKOUT SELECTIONS																													
	n most cases participants will be able to attend two repeating breakouts per rotation. All efforts are made to have participants attend their first and second choice breakouts.															irst														
	Thursday, May 9 • 0920-0955, 1015-1050 Number 1-5 in order of preference with 1 being most important												Friday, May 10 • 1015-1050, 1055-1130 Number 1-4 in order of preference with 1 being most important																	
	1		The Recognition and Treatment of Eating Disorders: Who to Refer?													14 Childhood Cancer Survivors and Late Effects of Treatment: How Are They Doing?														
	2		Complex Pain in Adolescents														15			The F and A				fecti	ve Acı	ute M	igrair	ie Pla	n in	
	3	5	Looking for Zebras: Common and Uncommon Skin Conditions														16	Sports Injury - When and Where to Refer												
	4		Paediatric Sleep Disorders														17 Complementary and Alternative Medicine Use in Autism Spectrum Disorders: Practice Points for the Clinician													
	5	•	Appro Protei					rosco	pic H	emat	uria a	and/	or		_															
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	1:	2	Just a Lab Phenomenon? Long Term Neurodevelopmental Outcomes for Children with a History of Neonatal Hypoxic Ischemic Encephalopathy																											

13 Are Probiotics Useful?